Here is a list of some of the things we need included for parents to know:

Registration: Sign up on familyid with this link: https://www.familyid.com/organizations/maple-view-middle-school

All athletes must include a current Athletic Physical in their registration. A child wellness visit will not take the place of an athletic physical. Here is the Tahoma Athletics Physical form:

https://p19cdn4static.sharpschool.com/UserFiles/Servers/Server_168561/File/our%20district/TSD%20Athletics/Sports%20Physical%20TSD.pdf

Are there tryouts? No tryouts. Are you looking for athletes with previous experience? Middle School Track is for experienced and beginner athletes.

Where should athletes go on the first day of practice?

Go to the locker rooms to change into your practice gear. Then go out to the stadium bleachers for attendance.

What time do practices start and end?

Practice starts right after school ends. We usually start attendance about 10-15 minutes after the school bell. PRactice will end around 4:30-4:40.

When and where should parents pick up their kids for practice and games?

Pick up your athlete in front of the school in the bus pickup/dropoff lane. Please be sure to pick up your athlete on time, if the pickup time is a challenge, then we encourage athletes to car pool if possible.

We do not have an activity bus to take kids home for sports. Families will have to organize their own transportation.

What gear do athletes need to bring to practice? (Especially on the first day)

Athletic clothing, as students will be actively exercising and running. Comfortable running shoes are required. Spikes are not necessary at this level, but if you do decide to purchase some, make sure you get the right kind for the events your athlete will participate in.

Can athletes store gear in the locker room? If you want to check out locks to athletes you can, but you will need to make sure athletes are supervised in the locker rooms if athletes are in there. Because of this, only football has used the lockers. The rest of the sports use the room across the hall from the main office.

Uniforms will be distributed to each athlete. Athletes are responsible for their care and will turn them back in at the end of the season. Lost or damaged uniforms will result in a fine. Care instructions: Hand wash in sink, do not put the uniforms in the dryer.

Coaches contact information

James Bournes - Head Coach - jbournes@tahomasd.us

